

OVERVIEW OF THE 9 ENNEAGRAM TYPES

core desires, fears, longings and weaknesses

TYPE I:
The Moral Perfectionist

Desire Having integrity, virtue and accuracy

Fear Being wrong, bad, evil and inappropriate

Weakness Resentment - repressing unspoken

anger leading to frustration

Longing You are good

If you notice errors and mistakes everywhere you go and pride yourself on doing things right and well, you may be a 1.

2 TYPE 2: The Supportive Advisor

Desire Being appreciated and loved

Fear Being rejected and unwanted

Weakness Pride - being confident that you can help

others while denying your needs

Longing You are loved and wanted

If you notice opportunities to be helpful everywhere you go and how you can be needed, you may be a 2.

TYPE 3: The Successful Achiever

Desire Being successful, admired and

respected

Fear Being worthless, unsuccessful and

exposed

Neakness Deceit - deceiving yourself and others

with a polished version of yourself

Longing You are loved for simply being you

If you have trouble accepting failure or are over concerned with how others see you, and you find yourself shape shifting, you may be a 3. TYPE 4:
The Romantic Individualist

Desire Being unique, special and

authentic

Fear Being inadequate, flawed and

insignificant

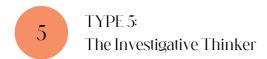
Weakness Envy - feeling others have what you

are missing and that you are flawed

Longing You are seen and loved as you are,

special and unique

If you feel that you don't fit in anywhere because you are different/unique or feel like something is missing, you may be a 4.



Being capable and competent Desire

Being thought incapable and having too Fear

many obligations on you

Weakness Avarice - depleted, feeling that you lack

enough time, money, space and love

Your needs aren't a problem Longing

If you tend to ask a lot of questions of how the world works, and you stand back and observe more than participating, you may be a 5.



Being happy, content and fully

satisfied

Missing out, limited, bored and deprived

Weakness Gluttony - Fill up so you won't feel

empty, need stimulation to feel satisfied

You will be taken care of

If you find yourself restless, seeking the next best thing but are generally happy and optimistic, bringing joy to those around you, you may be a 7.

TYPF 9: 0 The Peaceful Mediator

Having inner stability and peace of mind Desire

Being in conflict, tension, loss of Fear

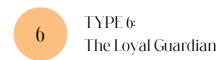
connection and overlooked

Weakness Sloth - Not living up to your potential

because you don't want to disturb the peace

Longing Your presence matters

If you find that you 'check out' of the world to avoid conflict and doing what needs to be done, seeking harmony, you may be a 9.



Being secure and supported

Fearing fear itself, and being abandoned

or blamed

Weakness Anxiety - Constant state of worry, trying to

predict and prevent negative outcomes

You are safe and secure

If you find that you need a lot of reassurance to calm your busy mind and anxiety, but you are very reliable and dutiful, you may be a 6.

TYPE 8: The Protective Challenger

Protecting yourself and those in your Desire

inner circle

Fear Being weak, powerless or controlled

Weakness Lust - Have control, power and intensity

over others to get what you desire

You will not be betrayed Longing

If you become aggressive when challenged or when you feel powerless, and struggle with vulnerability you may be an 8.

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